



Items contained in my

Emergency Ready Kit

ITEM	AMOUNT
Back Pack	1
Emergency Preparedness Guide	1
Leather Gloves	2 Pair
Face Mask N95	2
Wet Ones/ Wipes	1 (packet 80)
Tissue	2 (pack of 10)
Hand Wash Sanitiser	1 (100ml)
Multi Tool (credit card type)	1
Water Bladder 5L	2
First Aid Kit	1
Radio Torch	1
Space Blankets	2
Glow Sticks	2
Micropur Tablets	10 tablets
Playing Cards	1 pack
Notebook	1
Pen	1
Flashdrive	1

You must fill your water bladders with treated tap water. This must be replaced regularly (no longer 12 months) – *See water storage section in your Emergency Preparedness Guide*

You must scan and store important information (and pictures if you wish) on your emergency **flashdrive**

You must add some **food** items. Canned food, energy bars, as light and nutritious as possible

Suggested items to add to my Ready Kit

- Food Package
- Extra First Aid Items
- Personal Medication