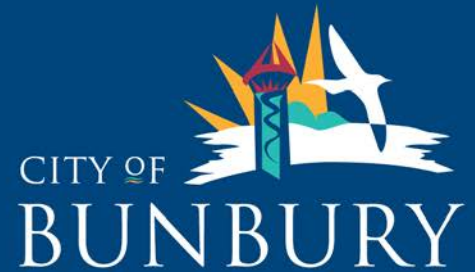


MEDIA STATEMENT



Friday, 3 December 2016

South West Sports Centre gym to get \$750,000 upgrade

Fitness fans will soon be able to work out on the latest apparatus following the announcement of a \$750,000 upgrade to gym equipment at the South West Sports Centre.

The gym will get a new lease on life with most of the ageing equipment being replaced with the latest fitness apparatus, while the RPM room will receive all new bikes and the group fitness centre will also benefit from the latest materials.

The South West Sports Centre has entered into a lease with Alleasing that will also include the removal of old equipment and maintenance of new apparatus.

The lease period is four years for cardio equipment, such as bikes and treadmills, and six years for strength equipment, with a total estimated cost of \$755,584.

South West Sports Centre Senior Health and Fitness Officer Mark Brown said the new equipment was part of a bigger plan to continue to provide quality health and fitness facilities.

“New carpet will also be installed and we are looking at revamping the layout to create a floor plan that is more practical and inviting for users,” Mr Brown said.

“The new equipment is central to the upgrade and is virtually a complete turnover of our current apparatus.

“We will also add some extra high demand equipment plus include some speciality machines we haven’t had in the past.”

The centre’s RPM room will also benefit from a revamp with a colourful combination of exercise bikes replacing the current equipment.

“Some of the machines in the gym and RPM room were past their use-by date so we had to look at a financially responsible way of replacing these and updating our other equipment,” Mr Brown said.

“Leasing means we can now plan much better for the future and it also delivers cost and maintenance benefits for the sports centre.”

The gym upgrade, which is expected to take place early next year, follows on from a \$35,000 makeover of the centre’s café.

Outdated and deteriorated counters have been replaced with more robust materials, which has also resulted in increased space.

Jamie Tatham, Communications Officer

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Tiles have been used extensively, upgraded glass panelling installed and new flooring is planned to be laid soon to complete the project.

ENDS

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